

Emerging Opportunities of Herbal Medicines in Healthcare

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Abstract

In recent years there is a growing realization among several leading medical practitioners that every system is not complete in itself, but each supplies the missing links of another making a complementing function. In the olden days indigenous medicine had attained a very high standard, and we have had stalwarts in Ayurveda, Siddha, Unani, Allopathy and Homeopathy. All these diverse systems of medicine are fundamentally the same, although there are modifications in practice. The drugs that are used in India at present are innumerable.

The science of Ayurveda is considered to be the fifth Veda by Hindus. Its great efficacy has been proved beyond reproach and skepticism. In short, Naturopathy is the essence of Ayurveda. The importance of herbaceous plants in the context of medical treatment cannot be overestimated. With the advancement of pharmaceutical research, there is an increasing trend for scientific exploitation and isolation of the active ingredients from the raw materials by fractional distillation and other techniques. In this present exercise, an attempt has been made to study the various Ayurvedic medicines available in the market for getting rid of some of the common ailments affecting the various systems of our body.

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